

*More Fit*

*Better condition*

*Greater performance*

*Surge Fitness understands first hand that sportsmen and women need to be in their best possible shape to perform at optimum level.*



*Join Surge Fitness Wanneroo as a member of the Wanneroo City Soccer Club in May and receive the following membership offers!*



### *WANNEROO'S MOST EXCITING FITNESS FACILITY INCLUDES:*

- *Strength and Conditioning*  
Including Olympic Lifting platforms and 'Strive 123' strength equipment
- *Functional Fitness Zone*  
Including sled track with 'Throwdown' functional rig catering for the latest industry trends
- *Spin Studio*  
Indoor cycle studio with state of the art spinning bicycles
- *Cardio Zone*  
With touch screen technology and on board entertainment
- *Group Fitness*  
Les Mills, freestyle, Focus FCT and 30 minutes express classes
- *1:1 Personal Training*  
Our signature Member Journey program & access to 'Nutrition Complete' for every member. Offer includes free access to online nutrition platform and 3 x complimentary personal training sessions
- *24 Hour Access*  
Unrestricted 24 hour access to our facility at a reduced rate. Train at your convenience
- *Changing Facilities*  
Including secure lockers, vanity units and showers - available 24 hours a day.



### *12 month membership:*

- *\$40 Administration Fee*
- *Discounted Rate -just \$14.99 per week*
- *3 X complimentary personal training sessions valued at \$180*
- *Junior memberships for juniors aged 14-17 years old - just \$12.99 per week*

*\*Terms & Conditions Apply*

**Call 9408 5659**

**f [surgefitness.com.au](http://surgefitness.com.au)**

**more than fitness**

**Surge**  
fitness